

Prevention Services

Office of Substance Abuse and Mental Health Services

Maine Department of Health and Human Services

The issue in Maine:

According to the 2013 MIYHS:

- ❑ *High school students who believe alcohol is easy to get are 3.2 times as likely to use alcohol as those who believe alcohol is hard to get.*
- ❑ *High school students who believe they will not be caught by their parents are 4.7 times as likely to drink, as those who believe they would be caught.*

According to the 2011-12 NSDUH:

- ❑ *The highest binge drinking rates were found among 18 to 25 year olds with more than one in four consuming five or more drinks in a row within the past 30 days.*
- ❑ *Seven out of ten 18 to 25 year olds thought that binge drinking a few times a week was not risky.*

According to the 2013 MDOT:

- ❑ *Maine driver's ages 21 to 24 had the highest alcohol-related crash rate (375 per 100,000 licensees).*

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Substance Abuse
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Department of Health and Human Services

Paul R. LePage, Governor

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For more information:

www.maine.gov/dhhs/samhs

The Maine Office of Substance Abuse and Mental Health Services (SAMHS) is the single state administrative authority responsible for the planning, development, implementation, regulation, and evaluation of substance abuse and mental health services.

SAMHS provides leadership in substance abuse and mental illness prevention, intervention, treatment, and recovery. Its goal is to enhance the health and safety of Maine citizens through the reduction of the overall impact of mental health, substance use, abuse, and dependency.

Prevention: Works to prevent and reduce substance abuse and mental illness along with related problems by providing leadership, education and support to communities and institutions throughout Maine.

Prevention Services:

- ❑ Local Evidence-Based Programs
- ❑ Healthy Maine Partnerships
- ❑ Law Enforcement grants to reduce underage drinking
- ❑ Student Intervention Reintegration Program
- ❑ Prevention Media Campaign: www.MaineParents.net – for parents of Maine teenagers; www.maine.gov/partysmarter - for high-risk drinkers ages 21-25; <http://www.maine.gov/dhhs/samhs/osa/prevention/workplace/workalert/index.htm> – for businesses to develop drug-free workplace policies;
- ❑ Substance Abuse and the Workplace – building healthy employees and reducing costs through prevention
- ❑ Inhalant Abuse Prevention Workgroup – integrating inhalant abuse prevention throughout current programs
- ❑ Alcohol Licensee Support - Responsible Beverage System
- ❑ Card ME Program – a program for retailers to enhance in-store policies
- ❑ Web-based policy generator for on and off premise alcohol licensees
- ❑ Alcohol compliance checks
- ❑ Retail Beverage Service trainings for licensed alcohol sellers and servers.
- ❑ Law Enforcement Training to increase the effectiveness of enforcement of alcohol-related laws.
- ❑ School and Higher Education Support
- ❑ Your Substance Abuse Policy: A Comprehensive Guide for Schools
- ❑ Maine's Higher Education Alcohol Prevention Partnership
- ❑ Substance Abuse and Violence Prevention for Schools
- ❑ State Epidemiological Outcomes Workgroup (SEOW)
- ❑ Mental Illness Prevention/Mental Health Promotion Workgroup